

#### **Purify My Thoughts**

It's All In Your Head – Part 5 February 3, 2019 - Tim Gill

Be careful what you think, because your thoughts run your life.

Proverbs 4:23 (NCV)

### Whatever fills my mind is going to come out in my life.

In conclusion, my friends, <u>fill your minds</u> with those things that are good and that deserve praise: things that are true, noble, right, <u>pure</u>, lovely, and honorable. **Philippians 4:8 (GNT)** 

# How do I purify my thoughts?

## 1. I take more responsibility for my purity.

As water shows you your face, so <u>your mind shows you what kind</u> <u>of person you are</u>. **Proverbs 27:19 (ICB)** 

Can any of us really say, "My thoughts are pure, and my sins are gone"? Proverbs 20:9 (CEV)

All these promises are made to us, my dear friends. So then, <u>let us purify ourselves</u> from everything that makes body or soul unclean, and let us be completely holy by living in awe of God.

2 Corinthians 7:1 (GNT)

Christ is pure. All who hope to be like him <u>make themselves pure</u>.

1 John 3:3 (NIRV)

#### 2. I ask God to help me be pure.

Come near to God, and God will come near to you. You are sinners. So clean sin out of your lives. You are trying to follow God and the world at the same time. <u>Make your thinking pure</u>.

James 4:8 (ICB)

Create a new, clean heart within me. <u>Fill me with pure thoughts</u> and <u>holy desires</u>, ready to please you. **Psalm 51:10 (TPT)** 

#### 3. I turn my focus.

<u>Turn your back</u> on the turbulent desires of youth and <u>give your</u> <u>positive attention</u> to goodness, faith, love and peace in company <u>with all those who approach God in sincerity</u>. **2 Timothy 2:22 (PH)** 

## Three Turns to Purity:

• Turn #1- I turn my back on sinful thoughts.

I will not put anything wicked in front of my eyes...

**Psalm 101:3 (GWT)** 

You must <u>put to death</u>, then, the <u>earthly desires at work in you</u>, such as sexual immorality, indecency, lust, evil passions, and greed (for greed is a form of idolatry). **Colossians 3:5 (GNT)** 

• Turn #2- I turn toward the positive.

Turn your back on the turbulent desires of youth and give your positive attention to goodness, faith, love and peace.

2 Timothy 2:22 (PH)

How can a young man keep his path pure? By <u>quarding it with</u> <u>your words</u>. **Psalm 119:9 (EHV)** 

I have thought much about your words and stored them in my heart so that they would hold me back from sin. 
Psalm 119:11 (TLB)

• Turn #3- I turn to my godly friendships.

Turn your back on the turbulent desires of youth and give your positive attention to goodness, faith, love and peace in company with all those who approach God in sincerity. 2 Timothy 2:22 (PH)

A person who is pure of heart sees goodness and purity in everything; but a person whose own heart is evil and untrusting finds evil in everything, for his dirty mind and rebellious heart color all he sees and hears.

Titus 1:15 (TLB)