



You Can Handle The Truth

It's All In Your Head – Part 2

January 13, 2019 - Tim Gill

“Thinking is the hardest work in the world, which is why so few people engage in it.” Henry Ford

Think about the things above and not things on earth.

Colossians 3:2 (CEB)

Brothers and sisters, think about [focus your thoughts on; fill your minds with] **things that are true** and honorable and right [just] and pure and beautiful [lovely] and respected [commendable]. If there is anything that is good [morally excellent] and worthy of praise, think about [focus your thoughts on; fill your minds with] these things.

Philippians 4:8 (EXB)

Where do thoughts like these come from?

- I can't rely on my culture.
- I can't rely on my customs.
- I can't rely on my reason.
- I can't rely on my emotions.
- I **can** rely on God's Word.

As for God, his way is perfect: The Lord's word is flawless.

Psalms 18:30a (NIV)

I haven't wandered away from the commands that He has spoken;
I've treasured what he has said more than my own meals.

Job 23:12 (ISV)

How do I fill my mind with what is true?

1. Receive God's Word.

So after getting rid of all moral filthiness and overflowing wickedness, receive with humility the word planted in you.

James 1:21a (EHV)

The wicked people are too proud. They do not look for God. There is no room for God in their thoughts.

Psalms 10:4 (ICB)

It is senseless to pay tuition to educate a rebel who has no heart for truth.

Proverbs 17:16 (TLB)

- My attitude determines my aptitude.

Lead me by your truth and teach me, for you are the God who saves me. All day long I put my hope in you.

Psalms 25:5 (NLT)

2. Read God's Word.

Open my eyes to see the wonderful truths in your instructions.

Psalms 119:18 (NLT)

He should keep it with him all the time and read from it every day of his life.

Deuteronomy 17:19a (NCV)

Now the Berean Jews were of more noble character than those in Thessalonica, for they received the message with great eagerness and examined the Scriptures every day to see if what Paul said was true.

Acts 17:11 (NIV)

(VIDEO)

3. Research God's Word.

I think about your orders and study your ways.

Psalms 119:15 (NCV)

My eyes are tired from looking for your salvation and for your good promise.

Psalms 119:123 (NCV)

I stay awake all night so I can think about your promises.

Psalms 119:148 (NCV)

I rejoice in your word like one who discovers a great treasure.

Psalms 119:162 (NLT)

But the truly happy people are those who carefully study God's perfect law that makes people free, and they continue to study it. They do not forget what they heard, but they obey what God's teaching says. Those who do this will be made happy.

James 1:25 (NCV)

4. Reflect on God's Word.

I want to reflect on your guiding principles and study your ways.

Psalms 119:15 (NIV)

Oh, how I love your teachings! They are in my thoughts all day long.

Psalms 119:97 (NIV)

5. Remember God's Word.

My son, remember my words. Don't forget what I have told you.

Proverbs 7:1 (NIV)

Remember what Christ taught, and let his words enrich your lives and make you wise;

Colossians 3:16a (TLB)