



Part 3: When Fear Is In My Boat

Tim Gill – October 15, 2017

⁹ I've commanded you to be strong and brave. Don't ever be afraid or discouraged!
Joshua 1:9a (CEV)

Three ways I can respond to my fear:

- I can choose to live with my fear.
- I can run from my fear.
- I can face my fear.

Four beliefs that help me overcome my fears:

1. Following Jesus will not make me immune to storms. (v.23-24)

²³ And when he got into the boat, his disciples followed him.

²⁴ A windstorm arose on the sea, so great that the boat was being swamped by the waves; ...
Matthew 8:23-24a (NRSV)

³³ I told you these things so that you can have peace in me. In this world you will have trouble, but be brave! I have defeated the world.
John 16:33 (NCV)

2. It's more about the storm in me than the storm I'm in. (v.26)

³⁷ But soon a terrible storm arose. High waves began to break into the boat until it was nearly full of water and about to sink. ³⁸ Jesus was asleep at the back of the boat with his head on a cushion. Frantically they wakened him, shouting, "Teacher, don't you even care that we are all about to drown?"
Mark 4:37-38 (TLB)

²⁶ And he said to them, "Why are you afraid, you of little faith?"
Matthew 8:26a (NRSV)

²⁷ I'm leaving you with a gift, peace of mind and heart. And the peace that I give isn't fragile like the peace the world gives. So don't be troubled, don't be afraid.
John 14:27 (TLB)

3. No matter what happens, God will be with me. (v.23-24, 25)

²³ And when he got into the boat, his disciples followed him.

²⁴ A windstorm arose on the sea, so great that the boat was being swamped by the waves; but he was asleep.
Matthew 8:23-24 (NRSV)

²⁵ And they went and woke him up, saying, "Lord, save us!"
Matthew 8:25a (NRSV)

- Prayer wakes Jesus up more than the thunder and the wind.

²⁶ Then he got up and rebuked the winds and the sea; and there was a dead calm.
Matthew 8:26b (NRSV)

²⁷ ..."It's all right. I am here! Don't be afraid." **Matthew 14:27 (NLT)**

4. I get my focus back on Jesus. (v.27)

²⁷ They were amazed, saying, "What sort of man is this, that even the winds and the sea obey him?"
Matthew 8:27 (NRSV)

² We must focus on Jesus, the source and goal of our faith...³ Think about Jesus, who endured opposition from sinners, so that you don't become tired and give up.
Hebrews 12:2-3 (GWT)